

**PSHE – Autumn 1**

	EYFS	KS1	LKS2	UKS2	Statements to Live By (Weekly)
Wk 1	New class activities				
Wk 2	Safety Week - Following the Rules This can also run into Wk3	Safety Week - Rules, Rights and Responsibilities	Safety Week - Rules, Rights and Responsibilities	Safety Week - Rules, Rights and Responsibilities	I try to follow our school and classroom rules.
Wk 3	Based on Child Friendly Child-on- Child Abuse Policy (Life to the Full Programme to commence in Autumn 2).				I understand that rights match responsibilities.
	Kind Hands and Kind Feet	Being Happy at School & Ways of Being Unkind	What is Peer-on-Peer Abuse?	What is Peer-on-Peer Abuse?	
Wk 4	Kind Words	Bullying	Bullying	Bullying	I know what to do if I see anyone being hurt.
Wk 5	Kind Heart	Good Relationships	Good Relationships	Sexting and Sexual Harassment	I know when to ask for help and who to ask for help.
Wk 6	British Values Week - Our Community	British Values Week - Our Community/ Valuing Others	British Values Week - Our Community/ Valuing Others	British Values Week - Our Community/ Valuing Others	I try to be just and fair.
Wk 7	My Feelings	Bad Relationships	Bad Relationships	Relationships: Good and Bad	I can recognise comfortable and uncomfortable feelings.
Wk 8	My Actions	Talk PANTS	Talk PANTS	How do I know? What do I do? Who can I talk to?	I understand what trust means.

**PSHE – Autumn 2**

	EYFS	KS1	LKS2		UKS2	Statements to Live By (Weekly)
Wk 1	Who can I talk to?	How do I know? What do I do? Who can I talk to?	How do I know? What can I do? Who can I talk to?		How can I help keep school happy and safe?	I know how to help others when they are in trouble.
Wk 2	Anti-Bullying Week (11 <sup>th</sup> – 15 <sup>th</sup> November)	Anti-Bullying Week (11 <sup>th</sup> – 15 <sup>th</sup> November)	Anti-Bullying Week (11 <sup>th</sup> – 15 <sup>th</sup> November)		Anti-Bullying Week (11 <sup>th</sup> – 15 <sup>th</sup> November)	I try to stand up for myself and others without hurting others.
Wk 3	Based on Life to the Full - Ten: Ten Resources (See website) Module 1: Created and Loved By God					We are all special.
	<i>Module 1, Unit 1: Handmade with love</i>	<i>Module 1, Unit 1: Let the Children Come</i>	<i>Module 1, Unit 1: Get Up! The Sacraments</i>		<i>Module 1, Unit 1: Calming the Storm</i>	
	<i>These lessons are based on the RE curriculum and may be taught in RE lessons and recorded in RE books.</i>					
Wk 4	Module 1, Unit 2: Baseline Assessment	Module 1, Unit 2: *Baseline Assessment Session 1- I am Unique	Module 1, Unit 2: *Baseline Assessment (Y3 use KS1) Session 1- We Don’t Have to be the Same		Module 1, Unit 2: * Baseline Assessment Session 1- Gifts and Talents	I can say one good thing about myself.
Wk 5	Module 1, Unit 2: Session 1- I am Me	Module 1, Unit 2: Session 2- Girls and Boys (Y2 with genitalia)	Y2 Module 1, Unit 2: Session 2- Girls and Boys	Y4 Module 1, Unit 2: Session 2- Respecting Our Bodies	Module 1, Unit 2: Session 2- Girls’ Bodies	I can tell how I look after myself.
Wk 6	Module 1, Unit 2: Session 2- Heads, Shoulders, Knees and Toes	Module 1, Unit 2: Session 3- Clean & Healthy	Y3 Module 1, Unit 2: Session 2- Respecting Our Bodies	Y4 Module 1, Unit 2: Session 3- What is Puberty?	Module 1, Unit 2: Session 3- Boys’ Bodies	I think before I make choices that affect my health.
Wk 7	Christmas Activities					

\*Ten: Ten Resources- both year groups should teach the same unit. YR/ 2/ 4/6 should use extended activities to develop further.

\*15 minutes should be given at the start of the first session and end of the last session for baseline and end point assessments.

**PSHE – Spring 1**

	EYFS	KS1	LKS2		UKS2	Statements to Live By (Weekly)
Wk 1	Based on Life to the Full - Ten: Ten Resources (See website) Module 1: Created and Loved By God					I can work, rest and pray each day.
	Module 1, Unit 2 Session 3- Ready Teddy	Module 1, Unit 3: *Baseline Assessment Session 1- Feelings, Likes and Dislikes	Y3 Module 1, Unit 2: Session 2- Extended Activities *End Point Assessment	Y4 Module 1, Unit 2: Session 3- Changing Bodies	Module 1, Unit 2: Session 4: Spots and Sleep (If you feel the children need more work on puberty, go back to LKS2 unit, Y4+) *End Point Assessment	
Wk 2	Module 1, Unit 3: *Baseline Assessment Session 1- I Like, You Like, We All Like!	Module 1, Unit 3: Session 2- Feeling Inside Out	Module 1, Unit 3: *Baseline Assessment Session 1- What am I Feeling?	Module 1, Unit 3: *Baseline Assessment Session 1- Body Image	Simple things make us happy.	
Wk 3	Module 1, Unit 3: Session 2- All the Feelings!	Module 1, Unit 3: Session 3- Super Suzie Gets Angry *End Point Assessment	Module 1, Unit 3: Session 2- What am I Looking At?	Module 1, Unit 3: Session 2- Peculiar Feelings	I can say how I feel.	
Wk 4	Module 1, Unit 3: Session 3- Let's Get Real	Module 1, Unit 4: Session 1- The Life Cycle	Module 1, Unit 3: Session 3: I am Thankful! *End Point Assessment	Module 1, Unit 3: Session 3- Emotional Changes	I can laugh and have fun.	
Wk 5	Children's Mental Health Week (3 <sup>rd</sup> -9 <sup>th</sup> February)	Children's Mental Health Week (3 <sup>rd</sup> -9 <sup>th</sup> February)	Children's Mental Health Week (3 <sup>rd</sup> -9 <sup>th</sup> February)	Children's Mental Health Week (3 <sup>rd</sup> -9 <sup>th</sup> February)	I understand the importance of peace.	
Wk 6	Based on IT resources (See Mr Moore)					I try to accept forgiveness from others.
	E-safety (Safer Internet Day- 11 <sup>th</sup> February)	E-safety (Safer Internet Day- 11 <sup>th</sup> February)	E-safety (Safer Internet Day- 11 <sup>th</sup> February)	E-safety (Safer Internet Day- 11 <sup>th</sup> February)		
Wk 7	E-safety Mod 2, Unit 3: Session 1 Mod 2, Unit 3: Session 2	E-safety Mod 2, Unit 3: Session 1	E-safety	E-safety Mod 1, Unit 3: Session 4 Mod 2, Unit 3: Session 1&2	I know how to show I am sorry.	

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\*15 minutes should be given at the start of the first session and end of the last session for baseline and end point assessments.

**PSHE – Spring 2**

	EFYS	KS1	LKS2	UKS2	Statements to Live By (Weekly)
Wk 1	Based on Life to the Full - Ten: Ten Resources (See website) Module 1: Created and Loved By God				I forgive people when they hurt me.
	Module 1, Unit 3: End Point Assessment	Module 1, Unit 4: Session 2 – Beginnings and Endings	Module 1, Unit 4: Session 1- Life Cycles	Module 1, Unit 4: Session 1- Making Babies 1 Session 2- Making Babies 2 Session 3- Menstruation	
Wk 2	Module 1, Unit 4: <a href="#">Session 1 - Growing Up (new session)</a>	Module 1, Unit 4: <a href="#">Session 3 – Change is All Around (new session)</a>	Module 1, Unit 4: Session 2 – A Time for Everything	Module 1, Unit 4: <a href="#">Session 4 – Hope Beyond Death (new session)</a>	I know what humility means.
Wk 3	Module 1, Unit 4: <a href="#">Session 2 - New People, New Places (new session)</a>	<a href="#">Classroom Shorts</a>	Module 1, Unit 4: <a href="#">Session 3 – Big Changes, Little Changes (new)</a> <a href="#">Classroom shorts</a>	Module 1, Unit 4: <a href="#">Session 5 – Coping with Change (new session)</a>	I know what humility means.
Wk 4	Based on Life to the Full - Ten: Ten Resources (See website) Module 2: Created to Love Others				I notice that we are the same and we are different.
	<i>Module 2, Unit 1: Role Model</i>	<i>Module 2, Unit 1: God Loves You</i>	<i>Module 2, Unit 1: Jesus, My Friend</i>	<i>Module 2, Unit 1: Is God Calling You?</i>	
<i>These lessons are based on the RE curriculum and may be taught in RE lessons and recorded in RE books.</i>					
Wk 5	Module 2, Unit 2: *Baseline Assessment Session 1- Who’s Who?	Module 2, Unit 2: *Baseline Assessment Session 1- Special People	Module 2, Unit 2: *Baseline Assessment Session 1- Family, Friends and Others	Module 2, Unit 2: *Baseline Assessment Session 1- Under Pressure	I try to be accepting of others.
Wk 6	Easter Activities				

\*Ten: Ten Resources- both year groups should teach the same unit. YR/ 2/ 4/6 should use extended activities to develop further.

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**PSHE – Summer 1**

	EYFS	KS1	LKS2	UKS2	Statements to Live By (Weekly)
Wk 1	Based on Life to the Full - Ten: Ten Resources (See website) Module 2: Created to Love Others				I stand up for people who are being treated unfairly.
	Module 2, Unit 2: Session 2- You've Got a Friend in Me	Module 2, Unit 2: Session 2- Treat Others Well	Module 2, Unit 2: Session 2- When Things Feel Bad	Module 2, Unit 2: Session 2- Do You Want a Piece of Cake?	
Wk 2	Module 2, Unit 2: Session 3- Forever Friends *End Point Assessment	Module 2, Unit 2: Session 3- And Say Sorry *End Point Assessment	Module 2, Unit 3: *Baseline Assessment Session 1- Sharing Online	Module 2, Unit 2: Session 3- Self-Talk *End Point Assessment	I try to keep going when things are difficult and not give up hope.
Wk 3	Module 2, Unit 4: *Baseline Assessment Session 1- Safe Inside and Out	Module 2, Unit 3: *Baseline Assessment Session 2- Rules to Help Us	Module 2, Unit 3: Session 2- Chatting Online <a href="#">Classroom Shorts</a>	Module 2, Unit 2: Session 4 – Build Others Up	I know that it is ok for me to make mistakes.
Wk 4	Module 2, Unit 4: Session 2- My Body, My Rules	Module 2, Unit 4: Session 1- Good Secrets and Bad Secrets	Module 2, Unit 4: Session 1- Safe in my Body	Module 2, Unit 4: Session 1- Types of Abuse	I can learn from my mistakes and failures.
Wk 5	<a href="#">World Environment Week (5<sup>th</sup> June)</a>	<a href="#">World Environment Week (5<sup>th</sup> June)</a>	<a href="#">World Environment Week (5<sup>th</sup> June)</a>	<a href="#">World Environment Week (5<sup>th</sup> June)</a>	I appreciate the beauty and wonder in the world around me.
Wk 6	Module 2, Unit 4: Session 3- Feeling Poorly	Module 2, Unit 4: Session 2- Physical Contact	Module 2, Unit 4: Session 2- Drugs, Alcohol and Tobacco	Module 2, Unit 4: Session 2- Impacted Lifestyles <a href="#">Classroom Shorts</a>	I try to use words that make the world a better place.

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## PSHE – Summer 2

	EYFS	KS1	LKS2	UKS2	Statements to Live By (Weekly)
Wk 1	Based on Life to the Full - Ten: Ten Resources (See website) Module 2: Created to Love Others				
	Module 2, Unit 4: Session 4- Feeling Poorly (Safe to Touch)	Module 2, Unit 4: Session 3- Harmful Substances	Module 2, Unit 4: Session 3- First Aid Heroes	Module 2, Unit 3: Session 3- Making Good Choices <small>*End Point Assessment</small>	I listen to what you say. I show that I am listening to you.
Wk 2	Module 2, Unit 4: Session 4- People Who Help Us <small>*End Point Assessment</small>	Module 2, Unit 4: Session 4- Can You Help Me? <small>*End Point Assessment</small>	Module 2, Unit 4: Session 4 – Rights and Responsibilities	Module 2, Unit 3: Session 4- Giving Assistance	I co-operate with others in work and play.
Wk 3	Based on Life to the Full – Ten: Ten Resources (See website) Module 3: Created to Live in Community				
	Module 3, Unit 1: <small>*Baseline Assessment</small> Session 1- God is Love	Module 3, Unit 1: <small>*Baseline Assessment</small> Session 1- Three in One	Module 3, Unit 1: <small>*Baseline Assessment</small> Session 1- A Community of Love	Module 3, Unit 1: <small>*Baseline Assessment</small> Session 1- The Trinity	I know I belong in a community that includes my school.
Wk 4	Module 3, Unit 1: Session 2- Loving God, Loving Others	Module 3, Unit 1: Session 2- Who is my Neighbour?	Module 3, Unit 1: Session 2- What is the Church?	Module 3, Unit 1: Session 2- Catholic Social Teaching	I try to love others as I love myself.
Wk 5	Module 3, Unit 2: Session 1- Me, You, Us	Module 3, Unit 2: Session 1- The Communities We Live In	Module 3, Unit 2: Session 1- How Do I Love Others	Module 3, Unit 2: Session 1- Reaching Out	I know we are happiest when we are united.
Wk 6	Module 3, Unit 2: Session 2 – When I Grow Up... (new session)	Module 3, Unit 2: Session 2 – Who Will I Be? (new session) Classroom shorts	Module 3, Unit 2: Session 2 – Working Together (new session) Classroom shorts	Module 3, Unit 2: Session 2- The World of Work (new session) Classroom Shorts	
Wk 7	Module 3, Unit 2: Session 3 – Money Doesn't Grow on Trees (new session)	Module 3, Unit 2: Session 3 – Needs and Wants (new session) Classroom Shorts	Module 3, Unit 2: Session 3 – Money Matters (new session) Classroom shorts	Module 3, Unit 2: Session 3- Money and Me (new session) Classroom Shorts	

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