



Personal, Social and Health Education at ST. LAWRENCE'S

At St Lawrence's we aim to promote spiritual, moral, social and cultural development through our PSHE curriculum. PSHE contributes to our school's ethos by promoting equalities, preventing and tackling discrimination and bullying, developing cultural awareness and preparing children positively for life both now and in the future. We believe that pupils with better health and well-being achieve better academically. It is intended that our PSHE curriculum removes barriers to learning and provides skills to aid success. The right attitudes and attributes in people such as resilience, respect, enthusiasm and creativity are just as important as academic and technical skills. We are a 'Thrive' school and adapt our curriculum to suit our most challenging pupils as we believe that every child should be given the opportunity to develop and thrive. Our PSHE curriculum helps children to achieve their potential by supporting their well-being and tackling issues that can affect their ability to learn, such as anxiety and unhealthy relationships. Our PSHE curriculum contributes towards our schools safeguarding duty.

INTENT:

PSHE is taught in a way which is appropriate to the age and maturity of our pupils. We ensure that children have positive relationships with adults, feel valued and those who are most vulnerable are identified and supported. Our PSHE provision is linked to Citizenship, Religious Education, Science and other subjects so that lessons complement the whole school curriculum.

IMPLEMENTATION:

Our PSHE curriculum has the flexibility to respond to local needs and priorities and to incorporate local issues of key importance to meet our pupils needs. We tailor our provision using local data, engagement with parents and consultations with pupils. PSHE in the early years is taught mainly through daily routines and continuous provision. The role of the adult is to support children in making the correct decisions through discussions and leading by example. Stories are used as a hook to discuss emotions, certain situations and behaviours.

Our PSHE Curriculum covers years 1-6 and aims to develop the skills and attributes such as resilience, self-esteem, risk management, team working and critical thinking in the context of 3 core themes; Health and Well-being, Relationships and Living in the wider world (including economic wellbeing.) Within these themes, there is a focus for each half term across both key stages;

Autumn Term; Becoming an Active Citizen and Keeping Myself Safe

Spring Term; My Healthy Lifestyle and Me and My Relationships

Summer Term; Me and My Future and Moving On

IMPACT:

By the end of Year 6, children will have the knowledge, skills and attributes they need to keep themselves mentally and physically healthy and safe in order to boost their life chances.