

Upper KS2 RSHE Curriculum Overview

Term 1: Upper KS2 PSHE CURRICULUM OVERVIEW

M/SP/PH/E/S	Come and See	Journey in Love	Life To The Full Ten Ten	Science Curriculum	Links to CAFOD Resources	Links to Global Calendar
M Demonstrate my gratitude to others for the good things in my life through words and actions	Ourselves Y5 Loving Y6 (Domestic Church-Autumn term)		Module 1 Unit 1 Story Sessions Kesters Adventures		One Day One World resource	World Env Day 5 th June
M Be respectful of my own and others uniqueness, demonstrating respect for difference (Protected Characteristics)	Ourselves Y5 (Domestic Church-Autumn term) Other Faiths weeks	God loves me in my changing and development Y5 p.33-36	Module 1 Unit 1 Story Sessions Kesters Adventures Module 1 Unit 2 Session 1 Gifts and Talents	Y 5 Animals Including Humans; Human life cycles	One Day One World resource	
Sp I know that we are all God's Children and made in God's image and likeness	Ourselves Y5 Domestic Church Autumn Term	God loves me in my changing and development Y5 p.33-36	Module 1 Unit 1 Story Sessions Kesters Adventures Module 1 Unit 2 Session 1 Gifts and Talents		One Day One World resource	
E I can describe how my emotions may change and intensify as I grow and move through puberty		God Loves me in my changing and development Y5 p35 The wonder of God's Love in creating new Life Y6 p42 - 43	Module 1 Unit 3 Session Emotional changes			
E About the differences between boys and girls with regard to puberty and reproduction		Y 5 p 33 – 36 God Loves Me in my changing and development Y6 The wonder of God's Love in creating new Life P37 - 39	Module 1 Unit 2 Session 1 Girls Bodies Module 1 Unit 2 Session 2 Boy's Bodies			

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<p>P I know the changes that occur at each stage of human life and especially the changes in puberty.</p>		<p>God Loves me in my changing development Y5 p 33-34</p>	<p>Module 1 Unit 2 Session 1 Girls Bodies Module 1 Unit 2 Session 2 Boy's Bodies</p>			
<p>P About the week by week development of the baby in it's mother's womb.</p>		<p>The wonder of God's Love in creating New Life</p>	<p>LKS2 Life cycles Module 1 unit 4 Session 1</p>			<p>International women's Day March</p>
<p>P How Human Life is conceived in the womb including the language of sperm and ova and about the nature and role of menstruation in the fertility cycle.</p>		<p>Y5 p34 God Loves me in my changing and development The wonder of God's Love in creating new life Y6 p 40 - 41</p>	<p>Module 1 Unit 3 Sesiions 1-3 Making Babies (Parents may withdraw) Session 3 menstruation</p>			
<p>SP That prayer and worship nourish my relationship with God and support my relationship with others</p>	<p>All Topics</p>	<p>God Loves Me in my changing and development Y5 pg36 The wonder of gods love in creating new life Y6 p44</p>	<p>All units</p>			
<p>Sp That each person has a purpose in the world and that God has created me for a particular purpose (vocation)</p>	<p>Life Choices Y5 Vocation and Commitment Y6 (Baptism/ Belonging-Autum term)</p>				<p>Oscar Romero resource</p>	

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<p>S About the importance of living in right relationship with the range of national, regional, religious and ethnic identities in the United Kingdom and beyond</p>	<p>Other Faiths weeks</p>		<p>Module 3 Unit 1 Session 1 Trinity House Module 3 Unit 1 Session 2 Catholic Social Teaching</p>	<p>Y5 Geography The World Around Me</p>	<p>Global Neighbours resource</p>	<p>World Day for Cultural Diversity 21st May</p>
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Term 2: Upper KS2 PSHE CURRICULUM OVERVIEW (starting point)

M/SP/PH/E/S	Come and See	Journey in Love	Life To The Full Ten Ten	Science Curriculum	Links to CAFOD Resources	Links to Global Calendar
M Be self-disciplined and able to delay or even deny myself	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)				Advent and Lent Resources	
SP Be self disciplined and able to delay or even deny myself	Sacrifice Y5 Death and New Luife Y6 (Lent Easter)				Advent and Lent Resources	
SP Be compassionate, able to empathise with the suffering of others and displaying the generosity to help	Sacrifice Y5 Death and New Luife Y6 (Lent Easter)					Refugee Week June
M Be compassionate, able to empathise with the suffering of others and displaying the generosity to help	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)			Y 5 Geography; The world around us, differences.	All CAFOD resources	Refugee week June
E Describe some of the varied emotions that accompany the changes that happen in life, e.g. loss, separation, divorce and bereavement	Death and New Life Y6 (Lent/Easter-Spring term)		Module 1 Unit 3 Session 3 Emotional changes			

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S I can: Show care and concern for the special people in my life and put their needs before my own	Sacrifice Y5 Death and New Life Y6(Lent/Easter-Spring term)		Module 3 Unit 1 Session 1 Trinity House			

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M Be forgiving, developing the skills to allow reconciliation in relationships	Freedom and Responsibility Y5 (Reconciliation-Summer term)		Module 1 Unit 1 Story Sessions Kesters Adventures			International day of Peace 21 st September
Sp That the Church is the Body of Christ in the world and what Church teaching says about showing love for others (Catholic Social Teaching)	Common Good Y6 (Universal Church-Summer term) Mission Y5 (Local Church-Spring term) Unity Y6 (Eucharist-Spring term)				Universal Church Topic Year 6	Fair Trade Fortnight February Refugee week June
Sp The importance of forgiveness and reconciliation in relationships and the challenges involved in following Jesus' teaching on forgiveness	Freedom and Responsibility Y5 Healing Y6 (Reconciliation-Summer term)				Advent and Lent resources	International day of Peace 21 st September
S Be just and fair, acting with integrity, understanding the impact of my actions locally, nationally and globally	Stewardship Y5 Common good Y6 (Universal Church-Summer term)		Module 3 Unit 1 Session 2 Catholic Social teaching	Y5 Living Things Plants	Climate and Environment Resource Laudato Si Care for our Common Home	Fairtrade Fortnight- February World Health Day- 7th April World Environment Day 5th June

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<p>S Speak out about injustice in the wider world and what I can do to help.</p>	<p>Stewardship Y5 Common good Y6 (Universal Church-Summer term)</p>		<p>Module 3 Unit 2 Session 1 Reaching Out</p>		<p>Climate and Environment Resource Fair Trade Resource Laudato Si Care for our Common Home</p>	<p>Fairtrade Fortnight-February World Health Day 7th April World Environment Day 5th June</p>
<p>M I can be courteous in my dealings with friends and strangers</p>			<p>Module 1 Unit 1 Story Sessions Kesters Adventures</p>			
<p>M Be honest striving to live truthfully and with integrity, using good judgement.</p>			<p>Module 1 Unit 1 Story Sessions Kesters Adventures</p>			
<p>Show resilience and manage risk in order to resist unacceptable pressure and show determination and courage when faced with new challenges</p>		<p>God Loves Me in my changing and development Y5 pg35</p>	<p>Module 2 Unit 2 Session 1 Under Pressure Module 2 Unit 2 Session 2 Do you want a piece of cake? Module 1 Unit 3 Session 1 Body Image</p>			<p>Internet safety week Feb</p>

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Describe the impact that poor lifestyle choices have on mental health and the need for exercise, fresh air, company, good diet and enough sleep support mental health			Module 1Unit 2 Session 4 Spots and sleep			Mental Health Awareness week.
E I can be confident in my relationships with my peers in various situations, including online			Module 2Unit 3 Session 1 Sharing online Module 2Unit 3 Session 2 Chatting online			
E I know that some behaviour is unacceptable unhealthy or risky			Module 1Unit 3 Session 2 Peculiar feelings			Internet safety week
E I can describe how my emotions may change and intensify as I grow and move through puberty		God Loves me in my changing and development Y5 p35 The wonder of God's Love in creating new Life Y6 p42 - 43	Module 1Unit 3 Session Emotional changes			
lifestyle choices can have on my health Including physical activity, dental health healthy eating and hygiene				Animals including humans SC6/2.2b		World Health Day 7 April World Toilet Day 19 November

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E About the impact of unsafe exposure to the sun and how to reduce sun damage.						World Health Day 7 th April
P That each person has a purpose in the world and that God has created me for a particular purpose (vocation)	Life choices Y5 Vocations and commitment Y6 (Baptism and Belonging Autumn Term)		Module 2 Unit 1 Session 1 Is God Calling You?		Oscar Romero	
S Basic First Aid						Emergency Service Date
How to report and get help if I encounter inappropriate materials or messages			Module 1 Unit 3 Session 4 Seeing stuff online			Internet safety Day Feb
How to keep Technologically safe			Module 1 Unit 3 Session 1 Sharing Online			Internet safety Day Feb

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<p>S How to make informed choices in relationships S Increasing independence brings increased responsibility.</p>		<p>God Loves me in my changing and developing Y 5 p 35 The wonder of God's Love in new life Y6 p 42</p>	<p>Module 1 Unit 3 Session 1 Sharing Online Session 2 Chatting online</p>			
<p>Be fair, acting with integrity, understanding the impact of my actions on others locally, nationally and globally.</p>	<p>Stewardship Y5 (Summer Term)</p>		<p>Module3 Unit 1 Session 2 Catholic Social Teaching</p>			

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